

**DISTRICT RULES FOR THE
PACIFIC COAST INTERSCHOLASTIC SAILING ASSOCIATION “PCISA”
Updated September 10, 2025**

These District Rules are in addition to the Procedural Rules for Interscholastic Sailing Competition sponsored by the Interscholastic Sailing Association. Go to www.hssailing.org.

1. Organization

- 1.1 The PCISA By-Laws are the governing document of the association.
- 1.2 An annual PCISA membership meeting will be held between September 15 and March 15 of each school year as determined by the PCISA Board of Directors.

2. Boats

- 2.1 Club FJ's shall be used for all double-handed events.

3. Eligibility

3.1 All schools must be current members in good standing with the PCISA and ISSA. PCISA Schools must complete and maintain their teams' information on the ISSA Online Team Registration System (<https://registration.hssailing.org/>). Teams must also pay annual ISSA-PCISA dues (online - see below) before registering for any events. The ISSA-PCISA dues structure for PCISA Teams is dependent on team size: 2025-26 Dues are: 1-3=\$170; 4-12=\$245; 13-20=\$320; 21-30=\$400; 31+=\$475. In accordance with these District Rules (in particular, Rule 6) teams must be registered and pay with the appropriate team size at least 7 days prior to the registration deadline for any event. Annual Payment and Team Upgrades can be accessed by a teams registered database administrator when logged in via <https://registration.hssailing.org/schools/my-schools> and click on the “Invoice” link for the correct school. Upgrading is at the bottom of the form.

3.2 All competitors must be full-time students, in the 8th grade or higher, of the school they represent, and subject to the academic and discipline requirements of that school.

3.3 8th grade students attending a feeder school to a registered high school may sail in any of the five (5) 10% PCISA regattas (“PCISA 5”). For these regattas, if a school enters Additional Teams (described in District Rule 6), an 8th grade student may not sail for any team. 8th graders are not eligible for the Championships or Qualifiers (described in District Rule 12) or the PCISA Girls Invitational. 8th grade eligibility for NorCal and SoCal events is governed by the notices of race for those events.

3.4 Home and Remote School students must follow the process outlined in the ISSA Procedural Rules. Any home or remote school student deemed eligible to sail for a member school by the ISSA Eligibility Committee must also be approved by the member school's administrator and placed on the member school's roster in accordance with District Rule 3.1.

4. Borrowed Sailors

4.1 One “Borrowed Sailor” will be allowed to sail on a team in order to complete a four-sailor team for a PCISA 5 regatta. This sailor must attend an ISSA/PCISA registered school and may sail as crew only. A school with additional teams may not use a borrowed sailor for any team.

4.2 Borrowed Sailors must be recorded on the RP Forms/Techscore including the name of the school with whom he/she is registered in the ISSA Online Database.

4.3 Schools that compete using a Borrowed Sailor at two or more of the PCISA 5 regattas during a given school year are then ineligible to compete using a Borrowed Sailor at any PCISA 5 regatta in the subsequent school year. This provision is intended to discourage the perpetual use of Borrowed Sailors, and encourage teams to recruit complete rosters over time. The PCISA Board may modify this restriction in extenuating circumstances.

5. Combined Teams

5.1 **Combined Teams:** When an eligible school can field only a single double-handed Skipper & Crew (comprised of two eligible individuals from the same school) for a PCISA 5 regatta, that team may compete in either A division or B division combined with another school, under the following conditions:

5.1.1 Combined Teams must register, or be paired by PCISA officials, in conjunction with another school in the same situation, in order to balance entries in A & B divisions. To prevent confusion in the standard registration process, combined teams must indicate this on their regatta entry form.

- 5.1.2 Combined Teams are eligible for the PCISA 5 regattas and, subject to restrictions outlined in their notices of race, the SoCal and NorCal events.
- 5.1.3 Combined teams are eligible to compete in Silver Fleet only. However, PCISA reserves the right to make specific exceptions based on competitive and fleet size considerations.
- 5.1.4 For PCISA Rankings, combined teams will be scored individually based on the division they are competing in, and shall be scored a DNF for the other division.
- 5.1.5 Schools that compete as a combined team at two or more PCISA 5 regattas during a given school year are ineligible to compete as a combined team at any PCISA 5 regatta in the subsequent school year. This provision is intended to encourage teams to recruit complete rosters over time. The PCISA Board may modify this restriction in extenuating circumstances.
- 5.1.6 The PCISA Board must approve all combined team entries, and will do so via email as soon as possible after the regatta Entry Deadline.

6. Additional Teams (more than one from a school) for PCISA 5 Regattas and Silver Champs

- 6.1 Additional teams may sail in the PCISA 5 regattas and the Silver Fleet of the PCCs.
- 6.2 Schools that enter Additional Teams in any regatta during a season (School Year) are not eligible to Combine Teams or use Borrowed Sailors in that year/season. Combined Teams and "Borrowed Sailor" Teams are not eligible for Additional Teams.
- 6.3 Second Team: A school must obtain PCISA approval to enter a second team. In order to be considered for approval, a school must have a minimum of 13 full-time members on their roster and actively participating in a competitive sailing program.
- 6.4 Third Team: A school must obtain PCISA approval to enter a third team. In order to be considered for approval, a school must have a minimum of 21 full-time members on their roster and actively participating in a competitive sailing program.
- 6.5 Fourth Team: A school must obtain PCISA approval to enter a fourth team. In order to be considered for approval, a school must have a minimum of 30 full-time members on their roster and actively participating in a competitive sailing program.
- 6.6 During a regatta, sailors who have competed in any division for one team may not transfer to any division for any other team including a different team from the same school.

7. Substitutions

- 7.1 In fleet racing there shall be no limitations on substitutions during a regatta except, when there are two or more divisions, an individual:
- 7.1.1 After competing as a skipper, a sailor shall not sail in any other Division, but
- 7.1.2 After competing as crew, may shift to another Division once as skipper or crew but shall thereafter sail only in that Division.

8. PCISA Regatta Entries

- 8.1 All PCISA regatta entries must be submitted by Friday, 5:00 PM, two weeks preceding the weekend event ("Entry Deadline"), unless the NOR specifically states otherwise. Late entries will be accepted at the discretion of the host and the PCISA. Due to circumstances related to rules 8.2 & 8.3 below, most often late entries will not be accepted.
- 8.2 Regatta Oversubscription: If more than 64 teams register for any PCISA 5 regatta, entries shall be declined in the following order until 64 or less teams are entered: (1) Fourth Teams; (2) Combined Teams (described in District Rule 5); (3) Third Teams; (4) Teams using a "Borrowed Sailor" (described in District Rule 4); (5) Second Teams. Declined entries will be notified as soon as possible after the Entry Deadline via email. The PCISA Board will have final entry authority. The PCISA board may modify the total number of teams at any regatta.
- 8.3 No-Show Penalty – Teams registering for the PCISA 5 regattas or Double-handed PCC's that do not notify the Regatta Chair and PCISA that they are unable to attend by the Regatta Entry Deadline and subsequently do not attend the regatta will be charged a "No-Show Penalty" of \$100 payable to PCISA. This is in addition to the "no-refund" of entry fees after the entry deadline policy (except for entries declined under rule 8.2). Teams that have not paid their "No- Show" penalties are not eligible for PCISA regattas until these fees are paid.
- 8.4 For events with Gold and Silver fleets, teams may register for Gold or Silver but coaches/advisors should make every effort to place teams in the most appropriate fleet based solely on competitive level of

the team for that event. After the registration deadline, PCISA representatives may make adjustments to the Gold and Silver Fleets. Teams whose fleet is changed by PCISA will be notified as soon as possible after the Entry Deadline.

9. Scoring

9.1 Scoring shall follow ISSA procedural rule 11, which states (in part): "Schools shall be ranked in order of the lowest total score first and the highest last..." For season rankings a school with additional teams shall only earn one score at each regatta and it shall be the lowest total score of any team entered by that school at that regatta.

9.2 The "Season Score" will be the sum of the following:

9.2.1 10% score each for the best three of the PCISA 5 regattas (Anteater, Rose Bowl, Golden Bear, Gaucho and Sea Otter Regattas), and

9.2.2 70% score for the Pacific Coast Championships.

9.3 Hawaiian schools must participate in at least one PCISA 5 regatta in order to qualify for the Gold PCC's. The PCISA board will determine the 30% score.

10. Protest

10.1 Protests shall be handled in accordance with ISSA PRs 15, 16, 17, & 18

11. Discipline

11.1 No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, distilled spirits) or use any controlled substance (marijuana, cocaine, etc.), the possession of which is unlawful.

Infringements of this regulation will be the basis for disciplinary action. See ISSA PR 5.1

11.2 No contestant shall use foul language. Continued infringement of this regulation may be the basis for disciplinary action.

11.3 The PCISA Board of Directors or their designated PCISA representative(s) has jurisdiction over disciplinary matters.

12. Championships and Qualification

12.1 The Gold PCCs will be limited to 20 schools from California and 2 schools from Hawaii. One team (A & B Maximum 8 Sailors) from each eligible and qualifying PCISA member school is eligible for Gold PCCs. The ranking of the top 20 for Gold PCCs will be determined by the 30% score (District Rule 9.2.1). Berths not filled from HI may be made available to additional CA teams.

12.2 The Silver PCCs will not allow a sailor who has been a skipper in more than one PCISA 5 regatta in the Gold fleet during the current PCISA season to participate as a skipper or crew.

12.3 PCISA will qualify one or more teams for the Mallory Doublehanded Championship based on the Season Score (District Rule 9.2).

12.4 PCISA will qualify one or more teams for the Cressy Singlehanded Championship at a fall regatta.

12.5 PCISA will qualify one or more teams for the Baker Team Race Championship at a spring regatta.

12.6 PCISA will qualify one or more teams for the ISSA Keelboat Invitational Regatta at a fall regatta.

13. The Disney Cup

13.1 An overall trophy will be awarded to the top school based on points awarded for nine events (Singlehanded PCCs – full and radial, Doublehanded PCCs, the PCISA 5 regattas, the Team Race Qualifier). Conditions and details are available at: <http://pcisa.hssailing.org/trophy-case/history-results/disney-trophy-season-high-point-championship-conditions>

14. Official PCISA District Communication

Each PCISA School is required to subscribe to the PCISA Google Groups Email Distribution List and the PCISA Website. Information, including notices, changes, deadlines, entry lists, etc. posted on these mediums by PCISA Officials becomes official in a reasonable time (as determined by the PCISA Board based on the nature and circumstance of the posting) after the posting. Schools/Teams are reminded that ANYONE can subscribe to the email list and access the website and that teams are encouraged to have multiple people (Coaches, Sailors and Parent/School Advisors) monitoring these information sources.